

## Summer Activities



**Welcome to Warriors' Path State Park!** We hope you will enjoy your visit! While you are with us, we invite you to take advantage of the rich natural beauty and wealth of opportunities for enjoyable recreation here at the park.

**PARK PROGRAM STAFF:** Lauren Stewart, Joshua Armentrout, Marty Silver

### MONDAY, JULY 27

- 2:00 PM SOIL STUDIES** - It's not just plain old "dirt!" Come "dig into" some new discoveries about the soil beneath our feet. Meet at the Open Air Chapel.
- 4:00 PM BUILD A BIRD'S NEST** - Birds can do it, but can we? Let's find out who is a real "bird brain". Meet at the main bath house.
- 6:00 PM LAKE FISHING** - Thanks to TVA, the Holston River is also a great lake for fishing. Find out more about TVA in Tennessee history, while we get ready to land that big one! Meet at the Open Air Chapel, and we'll stroll on down to the shore. If you are over 12 years old, and want to fish, you must have a TN fishing license.
- 9:00 PM OH DEER** - Discover more about some of the biggest wildlife in the park. We'll enjoy a game, a demonstration, and a slide show about our white-tailed neighbors. Meet at the Open Air Chapel, or pool entrance if it's raining.

### TUESDAY, JULY 28

- 9:30 AM CRITTER COUNT HIKE** - Park woodlands are amazing rich habitats. Come along on a short hike to count who is at home in the forest. Bring along your best wildlife watching skills to the camper check-in station.
- 11:30 AM CHEROKEE PEOPLE WALK** - We walk the same land these first Americans walked. As we follow in their footsteps, we can get a better feeling for their daily lives. Meet at the Camper check-in station.
- 12:30 PM POND & STREAM RAMBLE** - Ponds and streams are full of life on these hot midsummer days! If we can wait patiently, and don't mind getting a bit dirty, we might "sneak up" on some amazing wetland wildlife discoveries! Drive to the camper check-in station, and we'll carpool to this cool, muddy walk.
- 1:30 PM SUNDIAL WATCHES** - Now is a perfect time to find out how to use our earth's oldest clock! Meet at the Open Air Chapel for some bright discoveries.
- 2:30 PM BIKE HIKE TO THE OVERLOOK** - Let's travel together, on bicycle and on foot, to search for signs of the people and the wildlife that have traveled here. Pedal on down to the camper check-in station. Note that ALL riders MUST wear a bicycle helmet. Children 10 or under must be accompanied by an adult!



## **TUESDAY, CONTINUED**

- 4:00 PM**     **RECYCLE FOR THE BIRDS** - Stop! Don't throw away that empty milk carton! Bring it to the Open Air Chapel and we'll recycle it into a useful bird feeder. In case of rain, meet at the main bath house.
- 5:00 PM**     **ANIMAL FOODS** - Park wildlife can't go shopping at Walmart or Food City - but they do need to eat! Come find out more about what our nearby "critters" are having for lunch. Meet at the Open Air Chapel, or main bath house if it is raining.
- 7:00 PM**     **JUNIOR RANGERS: TRAIL CLEANUP** - Make our park a cleaner, healthier environment! You'll make a big difference for our earth, and begin to earn your Junior Ranger badge. Meet at the main bath house. Be prepared to get dirty!
- 9:00 PM**     **"ALIENS" AMONG US** - Not creatures from Mars, but non-native plants and animals. Come find out how these "invaders" traveled here, and how they affect our native species. We'll have a quick game for the children, and then an informative slide show. Meet at the Open Air Chapel, or pool entrance if it is raining.

## **WEDNESDAY, JULY 29**

- 9:30 AM**     **RIVERBANK STROLL** -This green river valley has seen generations of travelers. This morning, we'll travel together, and search for signs of the wildlife and the people who came before us. Meet at the main campground bath house.
- 11:00 AM**     **TENNESSEE SYMBOLS "JEOPARDY"** - Let's try out this natural version of the famous game show. Test your skills and see how much you REALLY know about our state. Meet at the Open Air Chapel, or main bath house if it is raining.
- 12 NOON**     **PAW PRINT JOURNALS** - Create your own personalized booklets, using local animal's tracks! Your unique design is only a "footstep" away. Meet at the main bath house.
- 1:00 PM**     **DIGGING INTO HISTORY** - How do archeologists dig into our past? Come try your hand at a mock archeological dig. Meet at the camper check-in station. Be prepared to get a bit dirty.
- 3:00 PM**     **MAGNIFYING GLASS HIKE** - Use your eyes and some handy little magnifiers to get a close look at nature's amazing details. Meet at the main bath house to begin a short discovery walk.
- 5:00 PM**     **NATURE GAMES** - Don't miss the natural fun - for the young or the young-at-heart! Meet at the Open Air Chapel for some lively games about our natural world. If it's raining, meet at the main bath house.
- 7:00 PM**     **BIRDS OF PREY** - Meet some real live feathered hunters. Come to the Open Air Chapel and see "whooh..." is waiting for you. If it is raining, meet at the main bath house.
- 8:30 PM**     **NIGHT HIKE TO SINKING WATERS** - It's a whole different world out there at night! Tonight is our chance to discover the peace and the excitement of a night in the Sinking Waters wetland. Bring a dim flashlight and drive to the camper check-in station. We'll carpool out to the park back country.

## **THURSDAY, JULY 30**

- 9:30 AM**      **WHAT SMELLS?** - The nose knows! Nature is full of amazing smells - some delightful, some disgusting! Let's follow our noses to nature discovery. Meet at the main bath house for a short walk.
- 11:00 AM**      **PINE CONE BIRD FEEDERS** - Let's make a snack for our feathered friends! Meet at the main bath house, and you'll be able to bring back home your own little bird feeder.
- 12 NOON**      **CLAY BEADS** - You can produce some beautiful jewelry with a pinch of clay and your own creativity! Meet at the main bath house.
- 1:00 PM**      **LEAF ID BOOK** - Leaves are shade on a hot summer day. Leaves are the green carpet of the hills. Leaves are full of amazing stories! Let's find out more about the names and stories of our green neighbors. Meet at the main bath house.
- 2:00 PM**      **MYSTERY ANIMAL GAMES** - Can you solve natural "mysteries?" Test your knowledge of park wildlife with the great game. Meet at the Open Air Chapel, or main bath house if it is raining.
- 3:00 PM**      **ANIMAL MASKS** - What can you be? A wolf? A bear? A kitten? Or maybe a creature you design yourself! Bring your imagination to the main bath house.
- 4:00 PM**      **TURKEY TALK** - Let's "talk turkey" about our biggest native game bird. Meet at the Open Air Chapel, or main bath house if it's raining.
- 5:00 PM**      **OLD TIMEY GAMES** - Enjoy some good-old fun! Try some games from the early settlement days of East Tennessee. Meet at the Open Air Chapel, or main bath house if it's raining.
- 7:00 PM**      **WET WORLDS** - For us, the lake is a place to go boating or fishing. But for the micro-world of plankton, it's a home. Come help us sample this incredible world of tiny lives floating in lake water. Meet at the main bath house, and we'll stroll on down to the shore.
- 8:30 PM**      **OLD TIME RADIO** - Storytelling is a big part of our East Tennessee tradition! And back about 70 years ago, most folks around here got plenty of their best stories from the radio. Come "tune into" some old time radio stories at the Open Air Chapel (or at the pool entrance if it is raining)

## **FRIDAY, JULY 31**

- 9:00 AM**      **WAKE UP WALK** - Let's wake up our senses to morning in the forest. Meet at the main bath house for a refreshing morning walk.
- 11:00 AM**      **NATIVE AMERICAN GAMES** - Let's play some traditional Cherokee games. See what life was like for Native American children, before the days of video games! Meet at the Open Air Chapel, or main bath house if it is raining.
- 12 NOON**      **SCAVENGER HUNT** - You can be a park detective!! Use the clues to find out more about Warriors' Path. You might win a prize, and you'll surely win lots of exciting discoveries. Meet at the Open Air Chapel to begin the hunt.
- 3:00 PM**      **SEED RACES** - Wind, water, and animals carry seeds of new trees and plants all across the land. Our "wind" can help too! Meet at the Open Air Chapel to show off your "hot air" and plant some new life. Meet at the main bath house if it rains.

## **FRIDAY, CONTINUED**

- 4:00 PM**     **100 INCH HIKE** - Especially for small, tired feet! Discover life on the tiny side. This will also be a great chance to catch a critter for the races! Meet at the main bath house.
- 4:30 PM**     **CRITTER RACE FOR FREEDOM** - Bring your best creepy crawler to the main bath house. They'll all win, because they'll all get their freedom. No pets or flying creatures please.
- 6:00 PM**     **ORIENTEERING** - Don't get lost! Come learn how to use one of the world's oldest and most useful navigating tools. Then we'll set out on an "expedition" of our own! Meet at the main bath house.
- 9:00 PM**     **MOVIE NIGHT** - Sit back, relax, and enjoy a fine film. Meet at the Open Air Chapel, or at the Pool Entrance if it is raining. B. Y. O. P (bring your own popcorn!)

## **SATURDAY, AUGUST 1**

- 9:30 AM**     **WILDFLOWER WALK** - Come discover the beauty and amazing life stories of our flowering neighbors. Meet at the camper check-in station, and we'll carpool to the start of Sinking Waters trail.
- 1:00 PM**     **BUTTERFLY WATCHING** - Summer days are bright with these fantastic flyers! Come share exciting discoveries as we watch these lovely bugs. Meet at the camper check-in station, and we'll carpool.
- 3:00 PM**     **MAKE YOUR OWN TERRARIUMS** - Build your own miniature green corner of the world! Bring a plastic jar or plastic bottle to the main bath house.
- 5:00 PM**     **DEVIL'S BACKBONE HIKE** - Come hike to the high places, and get some new views of our park land. Drive to the camper check-in station, and we'll carpool to the start of an invigorating hike.
- 7:00 PM**     **SKULLS - NATURE'S TOOL BOX** - Every animal carries along all the tools it needs for survival! Come investigate some natural "tool boxes," and find out more about each animal's job! Meet at the Open Air Chapel, or main bath house if it is raining.
- 9:00 PM**     **TENNESSEE SEASONS** - Enjoy a tour of all four seasons in the hills of Tennessee. With words and pictures, we will experience the excitement of year-round discovery. Meet at the Open Air Chapel, or pool entrance if it is raining.

## **SUNDAY, AUGUST 2**

- 9:30 AM**     **WORSHIP SERVICE** - Enjoy a peaceful morning worship service at the Open Air Chapel, or at the pool entrance if it is raining. Sponsored by the Colonial Heights Baptist Church.

***SPECIAL NOTE:*** We work hard to make our programs both safe and fun! However, as with any outdoor activity, there is always a risk of personal discomfort or even personal injury. Please use your common sense and care whenever you enjoy activities in the **Great Tennessee Outdoors.**

